



OLS Outreach
CORPORATE & COMMUNITY

OLS Outreach delivers cutting-edge
programs to
Educate – Motivate – Maximize
the human potential.

Our goal is to give you the
tools and the confidence to **OPTIMIZE** your
own life experience.

Mind Matters

This Newest Workshop integrates the two most important subjects for both maximum levels of Energy and optimal Health. It is based on the simple fact that your mind influences everything, and that with a strong mind you can accomplish almost anything!

This program focuses on simple easy ways to gain control over a mind that has potentially ran away from you. A mind that is overwhelmed, cluttered, or unable to focus, can lead to a multitude of health and mental challenges. This strong but fun talk will immediately help each attendee to navigate through this storm and get back to a place where they can again love life, enjoy each day and feel like they have control over their lives as opposed to their lives and minds having control over them.

You don't want to miss this one!

Attendees will learn:

- *To understand and appreciate how they got to this point in the first place.
- *What they can do NOW to take control over their minds, along with a few simple actions that they can try immediately to rectify it.
- *This is our most life transforming program in our lifestyle talks.
(You must have had the two Abundant Energy talks(parts 1 & 2) prior to requesting this program)

**Come join us and be a part of this very informative,
fun and highly interactive experience.**