



OLS Outreach
CORPORATE & COMMUNITY

OLS Outreach delivers cutting-edge programs to
Educate – Motivate – Maximize
the human potential.

Our goal is to give you the tools and the confidence to **OPTIMIZE** your own life experience.

OLS Corporate & Community Outreach 2026 Wellness Campaign

CREATE YOUR COMPELLING FUTURE TODAY (STRESS 2) – OVERVIEW

This workshop offers a unique opportunity to understand the basic building blocks of setting, and more importantly, achieving goals. It's an old saying, but every bit as true today: "failing to plan is planning to fail."

Bring your future into your present so you can do something about it – NOW!

This workshop takes a very direct and easily applicable approach to the importance of planning and setting goals. This is a very powerful and exciting workshop covering:

- How to set compelling goals that will both draw you out of stress and overwhelm and into success and fulfillment
- How and why specific goals work to create a greater level of health, happiness and success in all aspects of your personal & professional life / relationships
- The simple and easy way to enjoy the entire process from setting goals to achieving them
- How to enjoy life's journey (not just its destinations) while achieving the outcomes of your dreams along the way

Attendees will leave with the ability to anticipate and navigate through the major personal and professional challenges facing them today. Most importantly, they will leave empowered to immediately utilize the information and techniques presented to dramatically increase the energy, potential, productivity, happiness and joy within their lives.

**Come join us and be a part of this very informative,
fun and highly interactive experience.**